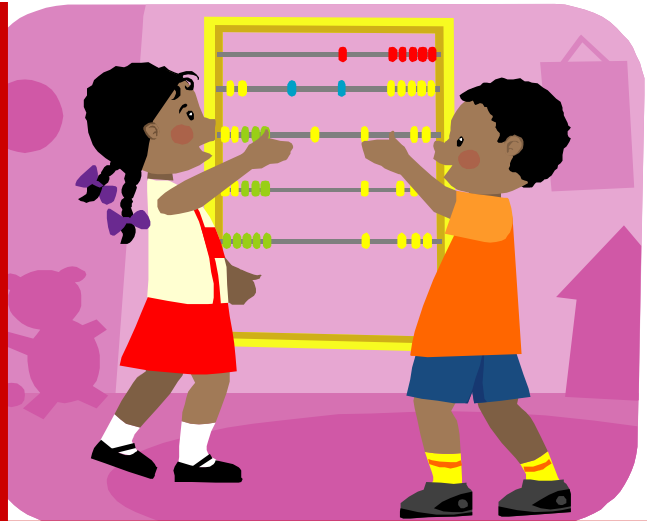


POTENTIAL HEALTH HAZARDS



What is a toxin?

Something that can hurt you. Something poison.

2 Important Toxins

1. Lead - is a metal found in the earth's crust.
2. Manganese (mang-guh-nees,-neez) - is a metal that is found in many types of rocks.

What can these things do to me?

They can make me:

- Clumsy
- Move Slowly
- Stomach Ache
- Hurt your brain
- Grow Slowly

Where is **LEAD** and **MANGANESE**?

Lead and Manganese can be found in many places including:

LEAD

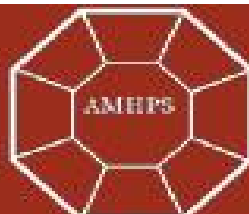
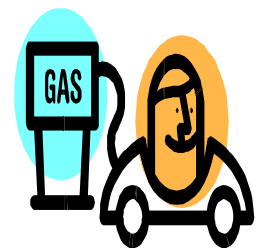
- Homes
- Dust
- Dirt
- Paint

MANGANESE

- Air
- Water
- Food
- Dirt

Where did **LEAD** and **MANGANESE** come from?

People that made gas and paint put lead and manganese in these things to help them work better. They found out later that lead and manganese hurt us. These toxins are not used anymore in the **USA**, but can still be found in our environment.



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YIKES, What can I do about it?

- Do not put things in your mouth, (even toys) you never know where these **TOXINS** are.
- Do not put your hands in your mouth.
- Wash your hands very good before you eat or drink.
- Rinse glasses and dishes out before you use them.



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Toxins	Dust	Gas
Wash Hands	Dirt	Warm Water
Manganese	Poison	Environment
Lead	Hazard	Stomach ache
Bubbles		

STEPS TO GOOD HAND WASHING

1. Use warm water when washing hands.
2. Use soap until you see bubbles on your hands.
3. Rub your hands together while singing **Twinkle, Twinkle, Little Star** (Makes sure to get in between fingers and under nails).
4. After song is done, Wash all bubbles off hands.
5. Use a clean towel or paper towel

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